

GREEN CLEANING *SHOPPING LIST*

*Everything you need to clean your whole house
the eco-friendly and non-toxic way:*

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- Baking soda
- White distilled vinegar
- Vodka (yes, for cleaning!)
- Rubbing alcohol
- Cornstarch
- Hydrogen peroxide
- Borax
- Vegetable glycerin
- Kosher salt
- Powdered citric acid
- Dish soap (or make your own)
- Liquid castile soap
- Soap flakes or grated
castile/natural vegetable soap
- Fels-Naptha laundry soap
(if making laundry detergent)
- Washing soda
- Distilled water
- Bowls and buckets
- Old muffin tins and/or ice
cube trays (if making garbage
disposal, laundry and/or
dishwasher tabs)
- Lemons and grapefruit
- Orange essential oil
- Tea tree essential oil
- Lavender essential oil
- Peppermint, rosemary,
bergamot or other essential
oils (optional)
- Large glass jars with
tight-fitting lids
- Cleaning cloths (try recycling
old t-shirts, socks, washcloths
and dishcloths)
- Spray bottles
- Toothbrushes for scrubbing
- Dried lavender, needle and
thread, fabric remnants
(if making dryer sheets)